

## PRAYER CONCERNS

**Illness/Recuperation:** Ed Beil, Evan Claypool, Hannah Eckman, Kelly Fuhrman, Jeff Jung, Tim Knutson, Lillian Lauderbaugh, Tom Leanard, Amy Lien, Peter Martinson, Tammy Melbraaten, Mark Paulson, Reuben Pszwaro, Lucille Riegel, Bob Rittman, Byron Rock, Vi Swanson, Sharon Taylor, Helen Thompson, Kim Wahlstrom and Dick Zeman

**Grieving:** Family & friends of Selma "Sally" Becker

**Prayers:** All people affected by war & severe storms.

## SERVANTS OF GOD

**February 01, 2015, 9:00 a.m.**

<u>Greeters</u>	<b>Volunteers Needed</b>
<u>Ushers</u>	Marilyn Zeman
<u>Scripture Reader</u>	Jaci Crisman
<u>Altar Guild Assistant</u>	Sandy Norrgard
<u>Acolytes</u>	<b>Volunteers Needed</b>
<u>Fellowship Time</u>	Fellowship Group

**February 08, 2015, 9:00 a.m.**

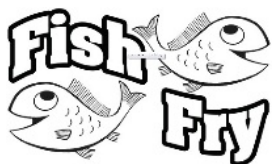
<u>Greeters</u>	<b>Volunteers Needed</b>
<u>Ushers</u>	Marilyn Zeman
<u>Scripture Reader</u>	Paul McIntyre
<u>Altar Guild Assistant</u>	Alice Sadek
<u>Acolytes</u>	<b>Volunteers Needed</b>
<u>Fellowship Time</u>	Youth Group

There is a nursery room available to use for children four and younger. It's the first room on the left, in the Sunday School wing.

Hearing Aid Devices are available before each service from the ushers.

If you have an emergency over the weekend and need to reach the pastor please call the church office at 444-4746. The message will indicate how to reach the pastor.

Going into the Hospital? If you or a family member is hospitalized, please inform us by calling the church office. Our pastor is happy to visit you at this time of need.



Mark your calendars for  
**Bethel's Fish Fry on  
Sunday, April 26<sup>th</sup>**

## THIS WEEK AT BETHEL

**Sunday, February 01, 2015**

### SOUPER BOWL SUNDAY

9:00 a.m. Worship Service  
10:00 a.m. Fellowship Hour

**Monday, February 02, 2015**

**6:30 a.m. to 5:45 p.m. BCCC**

5:00 p.m. Weight Watchers

**Tuesday, February 03, 2015**

**6:30 a.m. to 5:45 p.m. BCCC**

5:30 p.m. W & M Committee Meeting

**Wednesday, February 04, 2015**

**6:30 a.m. to 5:45 p.m. BCCC**

7:00 a.m. Men's Group  
10:00 a.m. Bible Study  
NO Finance Committee Meeting this month  
5:45 p.m. Sunday School  
6:00 p.m. Wednesday Supper  
6:30 p.m. Youth Group

**Thursday, February 05, 2015**

**6:30 a.m. to 5:45 p.m. BCCC**

9:00 a.m. Bethel Quilters  
4:30 p.m. Weight Watchers

**Friday, February 06, 2015**

**6:30 a.m. to 5:45 p.m. BCCC**

*Youth Ski Trip to Giant's Ridge*

**Saturday, February 07, 2015**

*Youth Ski Trip to Giant's Ridge*

**Sunday, February 08, 2015, 2015**

**Go the Extra Mile" for  
Northwoods Pregnancy Care Center**

9:00 a.m. Worship Service  
10:00 a.m. Fellowship Hour  
*Youth Ski Trip to Giant's Ridge*

Wednesdays  
5:45 - 7:00 p.m.

February  
4th ~ 11th ~ 18th ~ 25th



# youth group

SCHEDULE

**FEBRUARY 01 ~ 9:00 A.M.**  
"Souper Bowl" Sunday offering  
for Food Shelf

**FEBRUARY 04 ~ 6:30 P.M.**  
STUDY NIGHT:  
STEPPING UP: THE POWER TO STEP UP

**FEBRUARY 6-8**  
SKI TRIP TO GIANT'S RIDGE

**FEBRUARY 11 ~ 6:30 P.M.**  
SERVICE PROJECT:  
FOOD DRIVE FOR FOOD SHELF

**FEBRUARY 18 ~ 6:30 P.M.**  
WORSHIP NIGHT: ASH WEDNESDAY  
(COLLECT FOOD ITEMS)

**FEBRUARY 25 ~ 6:30 P.M.**  
STUDY NIGHT:  
STEPPING UP: STANDING FIRM



## TODAY IS THE DAY

Super Bowl Sunday is also Souper Bowl Sunday – There are tackles in the game Sunday night and it's an opportunity to also tackle hunger in our community. Bring your cans of soup, boxed food or, if you prefer, a donation to church on Sunday, February 1<sup>st</sup> to help our youth tackle hunger in the Bemidji area.

**Put Life Back Into Your Life**  
**Consider Sanford's**  
**Better Choices, Better Health**  
First Lutheran Church, Bemidji, MN  
**Wednesdays, Feb. 18—Mar. 25, 2015**  
**1:30—4:00 p.m.**

If you or someone you care for has a chronic health condition, Sanford's Better Choices, Better Health can help you take charge of your life. Chronic conditions are those that go on for years and that we live with for the rest of our lives. You will learn useful ways to deal with pain and fatigue, learn better nutrition and exercise choices, set weekly goals, problem solve more effectively, improve communication, relax and handle difficult emotions. Join with trained volunteer facilitators that also have chronic health conditions, in a free 2 ½ hour Better Choices, Better Health Workshop hosted at First Lutheran. The workshop is free but registration is necessary.

Call Sanford at 701-234-5570  
or toll free at 877-234-4240.

## COMMUNITY EVENTS

- Heartbeat**, a support group for suicide loss survivors will meet **Tuesday, February 10<sup>th</sup>** from 7 - 8:30 p.m. at the Evergreen Youth & Family Services Drop-In center. Contact Stephanie at 308-8002 or [sdowney@evergreenyfs.org](mailto:sdowney@evergreenyfs.org) with questions.
- The **Alzheimer's Memory Loss Support Group** will meet **Tuesday, February 10<sup>th</sup>** from 1-2:30 p.m. and 6:30 - 8 p.m. at the Neilson Center.
- Bemidji Christian Women's Connection** will have their **February Luncheon Monday, February 16<sup>th</sup> at 1:00 p.m.** at Beltrami Electric Mtg. Room, 4111 Technology Dr. NW . This month features **Northwoods Pregnancy Care Center** with Vicky Mansson, Executive Director speaking about "Everyone Deserves a Birthday." MN Nice Cafe will be serving a delicious Meal / Special February Music. To R.S.V.P. call Elaine @ 333-3544, Dorothy @ 751-4499 or Alverna @ 335-7838.
- The monthly **Family Council Roll Sale** will be **Tuesday, February 17<sup>th</sup>** from 8:30-10:30 a.m. at the Neilson Place Social Hall. Get a homemade roll and coffee for just \$2.00! Visit a resident, bring a friend or pick up some for an office coffee break! All proceeds go to the Family Council projects on behalf of residents and families.